



What's Happening

Winter/Spring Issue

Welcome to the newsletter!

Happy New Year to All!! Let's make this year the BEST YEAR YET! Don't forget to watch out for new and exciting opportunities to participate in our monthly calendar. Let's make the next three months AMAZING!!

-Amanda Shepard –Activities Specialist



EXERCISE CLASSES

**The Gilbert Senior Center offers exercise classes
Monday-Friday.**

Mon: Tai Chi - 9am

**Tues: Chair Exercise -8:30am
Silver Sneakers –1:00pm**

Wed: Yoga - 9am

**Thurs: Chair Exercise –8:30am
Silver Sneakers– 1:00pm**

Fri: Zumba Gold \$5 -8:45am



*** Please consult your doctor before starting any exercise program**

Outreach with Kris

Here comes the Holidays! Remember, you don't have to spend time looking for answers to your problems.. I am your personal resource for whatever needs you may have. I can help with personal matters such as DMV info, insurance claims or social security questions. I have resources to provide legal aid or Medicare assistance. If you are needing help with transportation, I have extensive information about the Dial A Ride program. From A to Z if I don't have the answer I'll find someone who does. I look forward to serving you!

Kris Balzan 480 503-6061 kris@chandlerfoodbank.org

VOLUNTEERS NEEDED

Looking to do something fun and meaningful? We are always in need of volunteer help in all areas of the center. From the kitchen, to office help, running the Bunco, or delivering meals to the homebound, there is a need.

We have a terrific group of volunteers, but we could use more. Please see Kris to get a list of current volunteer opportunities.

We would not be able to accomplish all that we do if it were not for the volunteers who give their time and energy on a daily basis. Thank you to those who serve and welcome to those who are interested in serving.



Apply or Renew

***AHCCCS, SNAP (food stamps)
& Cash Assistance***

Kris Balzan, Outreach Coordinator
Chandler Christian Community Center
345 S. California Street, Chandler, AZ 85225
Phone: (480) 503-6061
Email: Kris@chandlerfoodbank.org

ADDITIONAL SERVICES INCLUDE:

Food Bank Distribution
Emergency & Supplemental
Food Boxes Diapers & Formula

Family Resource Center
Parenting & Early Literacy Classes
Health & Homeless Programs

Community Action Program
Emergency Rental/Mortgage &
Utility Assistance

Senior Center & Home Delivered
Meals

For more information about
our services please contact us
or visit our center!

**Apply for a government
phone!**

You qualify if you currently
receive government
assistance.



Do You Qualify?

Find Out NOW!

Make your appointment today to start your application!

Fun Clubs

Looking for a good way to meet new people and enjoy your time at the center? The Gilbert Senior Center has a number of clubs to chose from.

Mondays: *Bridge Club, Wii Bowling*

Tuesdays: *Pinochle, Mexican Train, Rummikub*

Wednesdays: *Knitting/Crocheting Club*

Thursdays: *Bridge Club, Rummikub, Jewelry Club*

Fridays: *Craft Club, Scrapbooking, Sewing Club*

Days and times will be set each month.

Check your monthly calendar for dates and times.

FOOD BAGS

The Gilbert Senior Center is happy to provide a Food Bag once a month for qualified, active participates in need. You must sign up a week in advance & not be receiving a food bag from another associated program. For more details please call 480-503-6061 .

**FOOD BAG PICK UP IS THE 3rd TUES. & WED. OF EACH MONTH.
YOU MUST SIGN UP AT LEAST ONE WEEK PRIOR TO DELIVERY.
SIGN UP IN THE SENIOR CENTER OFFICE.**

Board Games

Have you noticed the fun new board games we got to play with? Yahtzee, Words with Friends, Mahjong, UNO, Apples to Apples, Sequence, and of course more Rummikub sets!! Anyone is welcome to use them and are also welcome to Laugh out Loud while playing these games. Have Fun!!

Up Coming Events

Dining Out

Come join us for good food, good company, and maybe even some laughs! LEAVING the Senior Center at 4pm.

Cheddar's

Wednesday February 4th
Sign up from Jan 21st—Feb 3rd

RTO Sullivans

Tuesday March 10th
Sign up from Feb 23rd-Mar 9th

Joes Farm Grill

Wednesday April 8th
Sign up from Mar. 23rd-April

Nando's Mexican Food

Wednesday May 6th
Sign up from April 23rd-May 5th

Party Time!

We all love parties, right? Here are the dates of up coming parties.

MOST of the parties will start at 10:30am.

*So please check your Monthly calendar or
listen during announcements for more details.*

Times and dates are subject to change. Thank you!

SuperBowl Party

Jan 30th 1pm
Come join us for a fun afternoon
with Football and snacks

Valentines Party

Feb 12th 10:30am
Come join cupid for a loving party
with goodies. starting at 10:30am

St. Patrick's Day Party

March 17th 10:30am
Follow the Rainbow to a fun event
and enjoy some luck!

Generation Prom

March 30th 6:00pm-8:00pm
Come join Chandler-Gilbert CC
students for a fun night!

Up Coming Events

Senior Center Closed

New Years Day

1-1-2015 CLOSED

Martin Luther King Jr.

1-19-2015 CLOSED

Silver Foxes

Perform

January 14th

11:45 am

Enjoy great entertainment by a great group of Seniors from Sun Lakes. It is wonderful to have them back again at the Center. Make sure you grab some lunch and enjoy the show.

Olive Mill Tour

January 15th 9:30am Tour

Come join in a great tour to the Olive Mill in Queen Creek, Az. Great place for good Olive Oil.

Tour starts at 9:30am. We will leave the center at 8:30am. The Cost is \$8 per person.

Sign up from Dec. 29th-Jan 9th

The Duttons

Feb 26th \$25 per person

7:00pm Showtime

The Duttons Show is unique. Come join us for a fun night out.

We will leave the center at 6:30pm. Come join in on the Fun!

Sign up Starting Feb 2nd-19th

Movies!!

Check the monthly calendar for the movie that will be playing here at the Center each month. Any recommendations for movies you would like to watch come chat with the Activities Specialist and suggest it!! Popcorn will available. So make sure and sign up!

Up Coming Events

Swap Meet

Friday March 6th

\$2 pp

A great way to get little or big gifts for anytime of the year. Lots of fun items to look at.

Sign Up Starting Feb. 18th

Minimum of 10 Seniors

(T)

Senior Variety Show

March 18 at 2 pm

&

March 19 at 7pm

Always a wonderful show. If you would like to perform auditions are in January. Any questions please come into the Gilbert Senior Center Office. Tickets available for \$6 at the Senior Center Office Starting February 1st

Barleens Az Opry

March 25th 5pm \$36pp

Dinner included

Your home for Arizona's wholesome family music entertainment. Enjoy music, great food, hilarious comedy and more! We will be seeing the Variety Show which features a broad spectrum of music.

Sign up from March 4th- 13th

Generation Prom!!

March 30th

6:00 pm-8:00pm

Thanks to Chandler-Gilbert Community College sponsoring this event again. This event will be held here at the Gilbert Senior Center, plus we will have snacks, drinks, and a photographer to make memories to keep.

Dress to impress!

Sign up for this event on the Bulletin board STARTING March 3rd thru March 26th.

Up Coming Events

Desert Belle Boat Tour

April 16th \$25pp

2:45pm Tour

Come join us for a fun day on the lake for a boat tour on Saguaro Lake. We will leave the center at 1:30pm.

Sign up from Mar 30th-April 10th

Senior Expo

April 2015

At the Gilbert Senior Center

This will be our annual Senior Expo. We are very excited to have this again. Listen for announcements for dates and times.

Gilbert Senior Center Site Council News

BINGO

Join in the fun and play Bingo.

New large Bingo boards make it easier to follow the game.

Win special prizes in Blackout Bingo.

Now playing three times each week

Monday and Friday 10:15 AM - 11:30 AM

Wednesday 1:00 PM - 2:15 PM

**For questions or concerns,
please see Dale Moller, Bingo Chairperson**

Gilbert Senior Center
130 North Oak Street
Gilbert, Arizona 85233

Amanda Shepard
Activities Specialist
480-503-6059
Kris Balzan
Outreach Specialist
480-503-6061
Pat Hutfles
HDM Coordinator
480-503-6058
Wallis Berry
Kitchen Coordinator
480-503-6057
Kelly Delgado
Senior Programs Manager

Check us out on the web...
<http://chandlerfoodbank.org/>
OR
[http://www.gilbertaz.gov/parks/](http://www.gilbertaz.gov/parks/seniors.cfm)
[seniors.cfm](http://www.gilbertaz.gov/parks/seniors.cfm)

[https://www.facebook.com/](https://www.facebook.com/pages/Chandler-Christian-Community-Center/165492116800788)
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Donations

Please keep in mind the Gilbert Senior Center is accepting donations. The following is a list of needed items:

Boutique: Gently used clothing, knick-knacks, jewelry etc. Profits go to the Gilbert Site Council and help support a variety of senior center activities and events.

Arts and Craft: Supplies for classes and clubs

Postage Stamps: Used for newsletters, site council cards or as requested by participants.

Monetary donations are TAX FREE!!! A donation of \$100 or more and your name will be added to the Gilbert Senior Center \$100 Contribution plaque that hangs in the dining room. Don't forget to ask for a receipt!

(Please make checks payable to CCCC and specify if you want the donation to go towards a particular activity or event)

Home Delivered Meal Program

Did you know you could have a hot, nutritious meal delivered to your home? We offer home delivered meals Monday- Friday between the hours of 10 am and 2 pm depending on your location. Participants may qualify for financial assistance or pay \$5 per meal which is billed on a monthly basis. This is a perfect solution for those recovering from a hospital stay or sickness and may be unable to prepare a meal. If you're interested or know someone who can benefit from our service please contact our HDM Coordinator

Pat Hutfles (480)503-6058
Pat@chandlerfoodbank.org